

PK Narayanan

CEO Coach

Helping Leaders Shine



As a Coach, PK helps you accelerate your business growth and position your business for long-term success!

How do I find my better me?

10 ways to find your better self



Would I like me?

Happened to come across this quote - Would you like you, if you met you?

Sensible - would I like me if I met me?

Am I likeable (to myself)?

This could very well start many bells ringing. We could probably expand the range by extending the likeability factor to our workplace, life...

Serious stuff.

New stuff

What have I done differently in the last 7 days?

Have I initiated any new stuff in the last 30 days?

When is the last time I have done something for the first time?

Interesting questions - to be alive and kicking...

It is the road signs, 'Beware of lions' - Kip Lagat, Kenyan long distance runner, when asked why his country produces so many great runners.

Good (practical!) observation. Quite usual.

But, to bring out the best in us, do we need to be challenged to this extent?

Is it that extreme adversities alone can bring our true potential out?

Am I doing enough to unleash my potential? In-full?

Extra mile!

There are no traffic jams along the extra mile - Roger Staubach, Former star of NFL.

The extra mile - can I run this more often? Is it possible to make it a habit?

What happens to my environment when I do that?

No person was ever honoured for what he received. Honour has been the reward for what he gave - Calvin Coolidge, President of USA, 1923 -1929.

How much am I giving?

What? To whom?

Worth reflecting. Every day.

Each time I have a choice - to 'direct' or to 'influence'.

How do I choose? Is it possible for one to move more and more towards
'influencing'?

Demonstration, walking the talk - helps.

Competition

Competitiveness is a virtue - In reality, whom do I compete with?

Reminded of an old Boeing 747 ad - The only aircraft that can compete with a 747 is another 747.

Ultimately my (only) competition is me.

Denial

Denial - It is easier to see in others than in one-self.

Noticing in one-self and accepting seem to be the first challenge. Coping with it and addressing require an effort by itself!

Let's observe. Let's try interpreting things the way they really are.

Awareness helps.

You are only as good as your last decision - my Boss, circa 1999.

A great learning for me that day.

The importance of applying ourselves - in every moment, in every choice, in every decision.

Being mindful, being present.

Preparation

The person who sweats more in training bleeds less in war - Robin Sharma.

By failing to prepare, you are preparing to fail - Benjamin Franklin.

Preparation is crucial.

There's a strong positive correlation between preparation and outcomes; preparation and readiness; preparation and confidence, and ability to apply, and execution, and effectiveness.

What's my level of preparedness in my journey?

How prepared my teams are, in facing what they face?

Get started now!

If You're ready to stop playing small and start seeing extraordinary outcomes
You're in the right place.

Get started now!

**Write to pk@pknarayanan.com to schedule a free 30-minute
Business Accelerator Session with PK**

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